

College of Health and Human Services
 Health Sciences - Nutrition and Foods Bachelor of Science
 2017-2018 Undergraduate Catalog

Progression Plan-Classic

Sample Progression Plans are for planning purposes
 only; see the catalog for official details.

Year 1 - Fall	
HS 200 Healthy Lifestyles	3
BIO 181 Unity Of Life I: Cell Life	3
BIO 181L Unity Of Life I Lab	1
Foundation Math	3
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 1 - Spring	
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Bio 201 Lab	1
NTS 135 Intro To Nutrition And Foods	3
Foundation English	4
Liberal Studies and/or Diversity	3

Year 2 - Fall	
BIO 202 Human Anatomy/Physiology Ii	3
BIO 202L Bio 202 Lab	1
CHM 151 General Chemistry I	4
CHM 151L General Chemistry I Lab	1
HA 240 Restaurant Opertns & Mgmt	3
Liberal Studies and/or Diversity	3

Year 2 - Spring	
CHM 152 General Chemistry Ii	3
CHM 152L General Chemistry Ii Lab	1
NTS 256 Medical Nutrition	3
HA 243 Fndtns In Kitchen Ops	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3

Year 3 - Fall	
HS 390W Current Health Issues	3
NTS 350 Nutr For Sport Perf & Wellness	3
BIO 205 Microbiology	3
BIO 205L Microbiology Lab	1
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 3 - Spring	
NTS 356 Advanced Nutrition	3
NTS 335 Culinary Arts For Health	3
CHM 230 Fundamental Organic Chemistry	3
General Elective Course	3
General Elective Course	1

Year 4 - Fall	
NTS 450 Nutrition Education	3
CHM 360 Fundamental Biochemistry	3
General Elective Course	3
General Elective Course	3
General Elective Course	3

Year 4 - Spring	
NTS 435 Global Nutrition & Foods	3
NTS 456C Nutr For Community Wellness	3
General Elective Course	3
General Elective Course	3
General Elective Course	3