

Year 1 - Fall	
BIO 181 Unity Of Life I: Cell Life	3
BIO 181L Unity Of Life I Lab	1
BIO 192 Intro To Exercise Science	3
HS 200 or BIO 154	3
MAT 125 Precalculus Mathematics	4
General Elective Course	1

Year 1 - Spring	
CHM 151 General Chemistry I	4
CHM 151L General Chemistry I Lab	1
BIO 182 Unity/Life Ii: Multicellular	3
BIO 182L Bio 182 Lab	1
Foundation English	4
Liberal Studies and/or Diversity	3

Year 2 - Fall	
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Bio 201 Lab	1
CHM 152 General Chemistry II	3
CHM 152L General Chemistry Ii Lab	1
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3

Year 2 - Spring	
BIO 202 Human Anatomy/Physiology II	3
BIO 202L Bio 202 Lab	1
PHY 111 or PHY 161	4
CHM 230 or CHM 235	4
NTS 256 Medical Nutrition	3

Year 3 - Fall	
BIO 338 Physiology Of Exercise	3
BIO 338L Exercise Physiology Lab	1
CHM 360 or CHM 461	3
PHY 112 or PHY 262	4
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 3 - Spring	
BIO 334 Functnl Anatomy & Kinesiology	3
STA 270 or PSY 230	3
ENG 302W or ENG 305W	3
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 4 - Fall	
BIO 460 Ex Tst Prescript	3
BIO 460L Cardio Exercise Testing Lab	1
Exercise Science major elective	3
Exercise Science major elective	3
Liberal Studies and/or Diversity	3
General Elective Course	3
Note: If selecting an internship, it requires outside placement and must be planned at least 6 months in advance.	

Year 4 - Spring	
Capstone Course	3
Exercise Science major elective	3
General Elective Course	3
General Elective Course	3