

Sample Progression Plans are for planning purposes
only; see the catalog for official details.

Year 1 - Fall	
English Foundations	4
Liberal Studies and/or Diversity	3
PSY 101 Introduction To Psychology	3
General Elective Course	3
General Elective Course	3

Year 1 - Spring	
Mathematic Foundation	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3
General Elective Course	3
General Elective Course	3

Year 2 - Fall	
LAB Science Lecture	3
LAB Science Lab	1
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3
General Elective Course	3
General Elective Course	3

Year 2 - Spring	
Science/Applied Science Course	3
Liberal Studies and/or Diversity	3
General Elective Course	3
General Elective Course	3
General Elective Course	3

Year 3 - Fall	
General Elective Course	3
General Elective Course	3
General Elective Course	3
General Elective Course	3
General Elective Course	3

Year 3 - Spring	
HS 200 Healthy Lifestyles	3
HS or FW Elective	3
HS 320 Mind-Body-Health	3
General Elective Course	3
General Elective Course	3

Year 4 - Fall	
HS 390W Current Health Issues	3
HS 300 Human Diseases	3
FW 321 Stress Management	3
HS or FW Elective	3
General Elective Course	3

Year 4 - Spring	
HS 460C Leadership/Teamwork Hlth Profs	3
HS 404 Principles Of Epidemiology	3
HS 410 Org & Adm Of Health Services	3
General Elective Course	3
General Elective Course	1