

College of Health and Human Services  
Health Sciences - Physical Education Bachelor of Science in Education  
2019-2020 Undergraduate Catalog

**Progression Plan-Classic**

Sample Progression Plans are for planning purposes only; see the catalog for official details.

| Year 1 - Fall   |   |
|---|---|
| BIO 181 Unity Of Life I: Life Of The Cell                       | 3 |
| BIO 181L Unity Of Life I Laboratory                             | 1 |
| FIT 100 Physical Education                                      | 1 |
| Foundation English (e.g., ENG 105)                              | 4 |
| Liberal Studies and/or Diversity                                | 3 |
| Liberal Studies and/or Diversity                                | 3 |
| <b>Initiate the Professional Education Program application.</b> |   |

| Year 1 - Spring                          |   |
|--|---|
| BIO 192 Introduction To Exercise Science | 3 |
| EDF 200 Introduction To Education        | 3 |
| HS 200 Healthy Lifestyles                | 3 |
| Foundation Math                          | 3 |
| FIT 100 Physical Education               | 1 |
| General Elective Course                  | 3 |

| Year 2 - Fall                                   |   |
|---|---|
| BIO 201 Human Anatomy/Physiology I              | 3 |
| BIO 201L Human Anatomy/Physiology I Lab         | 1 |
| PE 315 Effective Teaching In Physical Education | 3 |
| NTS 135 Human Nutrition                         | 3 |
| FIT 100 Physical Education                      | 1 |
| Liberal Studies and/or Diversity                | 3 |
| General Elective Course                         | 3 |

| Year 2 - Spring  |   |
|--|---|
| PE 316 Content Progressions In Physical Education                      | 3 |
| Liberal Studies and/or Diversity                                       | 3 |
| Liberal Studies and/or Diversity                                       | 3 |
| Liberal Studies and/or Diversity                                       | 3 |
| General Elective Course  | 3 |
| <b>Complete Professional Education Program admission requirements.</b> |   |

| Year 3 - Fall  |   |
|--|---|
| PE 325 Applied Movement Analysis And Motor Learning                              | 3 |
| PE 335 Physical Education In The Elementary School                               | 4 |
| EPS 325 Educational Psychology In Middle School And Secondary Education          | 3 |
| POS 220 Federal And Arizona Constitution   | 3 |
| ESE 330 Principles and Strategies for Teaching Adolescents with Exceptionalities | 3 |

| Year 3 - Spring   |   |
|---|---|
| BME 437 Structured English Immersion Methods For Secondary School | 3 |
| PE 345 Physical Education For Middle School Students              | 4 |
| PE 355 Physical Education For High School Students                | 4 |
| PE 365W Physical Education For Special Populations                | 3 |
| General Elective Course   | 1 |
| <b>Submit Student Teaching application.</b>                       |   |

| Year 4 - Fall  |   |
|--|---|
| PE 435 Evaluation And Assessment In Physical Education | 3 |
| PE 450 Physical Education Fieldwork Experience         | 4 |
| General Elective Course                                | 3 |
| General Elective Course                                | 3 |

| Year 4 - Spring                        |    |
|--|----|
| PE 495C Supervised Teaching: Secondary | 12 |
| PE 498 Student Teaching Seminar        | 1  |