

Year 1 - Fall	
BIO 181 Unity Of Life I: Life Of The Cell	3
BIO 181L Unity Of Life I Laboratory	1
BIO 192 Introduction To Exercise Science	3
NTS 135 Human Nutrition	3
MAT 125 Precalculus Mathematics	4
Liberal Studies and/or Diversity	3
BIO 181/L can be completed before, during the same term, or after BIO 182/L.	

Year 1 - Spring	
CHM 151 General Chemistry I	4
CHM 151L General Chemistry I Lab	1
BIO 182 Unity Of Life II: Lives Of Multicellular Organisms	3
Foundation English	4
Liberal Studies and/or Diversity	3

Year 2 - Fall	
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Human Anatomy/Physiology I Lab	1
CHM 152 General Chemistry II	3
CHM 152L General Chemistry II Lab	1
STA 270 or PSY 230	3
Liberal Studies and/or Diversity	3

Year 2 - Spring	
BIO 202 Human Anatomy/Physiology II	3
BIO 202L Human Anatomy/Physiology II Lab	1
BIO 334 Functional Anatomy And Kinesiology	3
CHM 230 or CHM 235	4
PHY 111 or PHY 161	4
Liberal Studies and/or Diversity	3

Year 3 - Fall	
BIO 338 Physiology Of Exercise	3
BIO 338L Exercise Physiology Lab	1
BIO 205 - Microbiology - Exercise Science Major Elective	3
BIO 205L - Microbiology Lab - Exercise Science Major Elective	1
Exercise Science major elective	3
PHY 112 or PHY 262	4
Liberal Studies and/or Diversity	3

Year 3 - Spring	
Exercise Science major elective	3
CHM 360 or CHM 461	3
BIO 365W Writing In The Biological Sciences	3
BIO 442 Biomechanics	3
Liberal Studies and/or Diversity	3

Year 4 - Fall	
BIO 460 Exercise Testing And Prescription	3
BIO 460L Cardiopulmonary Exercise Testing Lab	1
General Elective Course	3
General Elective Course	3
General Elective Course	2

Year 4 - Spring	
Exercise Science Capstone Course	3
General Elective Course	3
General Elective Course	3
General Elective Course	3