

College of Health and Human Services

Health Sciences - Physical Education Bachelor of Science in Education

2022-2023 Undergraduate Catalog

Progression Plan-Classic

Sample Progression Plans are for planning purposes
only; see the catalog for official details.

Year 1 - Fall	
BIO 181 Unity Of Life I: Life Of The Cell	3
BIO 181L Unity Of Life I Laboratory	1
FIT 100 Physical Education	1
Foundation English (e.g., ENG 105)	4
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3
Initiate the Professional Education Program application.	

Year 1 - Spring	
BIO 192 Introduction To Human Movement	3
EDF 200 Introduction To Education	3
HS 200 Healthy Lifestyles	3
Foundation Math	3
FIT 100 Physical Education	1
General Elective Course	3

Year 2 - Fall	
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Human Anatomy/Physiology I Lab	1
PE 315 Effective Teaching In Physical Education	3
NTS 135 Human Nutrition	3
FIT 100 Physical Education	1
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 2 - Spring	
PE 210 Movement In Action	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3
General Elective Course	3
Complete Professional Education Program admission requirements.	

Year 3 - Fall	
PE 325 Applied Movement Analysis And Motor Learning	3
PE 335 Physical Education In The Elementary School	4
EPS 340 Educational Psychology for Educators	3
POS 220 Federal And Arizona Constitution	3
ESE 330 Principles and Strategies for Teaching Adolescents with Exceptionalities	3

Year 3 - Spring	
BME 437 Structured English Immersion Methods For Secondary School	3
PE 345 Physical Education For Middle School Students	4
PE 355 Physical Education For High School Students	4
PE 365W Physical Education For Special Populations	3
General Elective Course	1
Submit Student Teaching application.	

Year 4 - Fall	
PE 435 Evaluation And Assessment In Physical Education	3
PE 450 Physical Education Fieldwork Experience	4
General Elective Course	3
General Elective Course	3

Year 4 - Spring	
PE 495C Supervised Teaching: Secondary	12
PE 498 Student Teaching Seminar	1