

College of Health and Human Services
 Health Sciences - Nutrition and Foods Bachelor of Science
 2023-2024 Undergraduate Catalog

Progression Plan-Classic

Sample Progression Plans are for planning purposes only; see the catalog for official details.

Year 1 - Fall	
HS 200 Healthy Lifestyles	3
BIO 181 Unity Of Life I: Life Of The Cell	3
BIO 181L Unity Of Life I Laboratory	1
Foundation Mathematics	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3

Year 1 - Spring	
NTS 135 Human Nutrition	3
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Human Anatomy/Physiology I Lab	1
NTS 159 Nutrition Careers And Healthcare Systems	3
Foundation English (e.g., ENG 105)	4
Liberal Studies and/or Diversity	3

Year 2 - Fall	
BIO 202 Human Anatomy/Physiology II	3
BIO 202L Human Anatomy/Physiology II Lab	1
CHM 130 Fundamental Chemistry	4
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 2 - Spring	
NTS 250 Food Is Medicine	3
HA 240 Restaurant Operations And Management	3
PSY 230 or STA 270	3
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 3 - Fall	
NTS 325W Nutrition Research And Communication	3
NTS 356 Nutrition And Metabolism	3
NTS 415 Nutrition Across The Life Cycle	3
HA 243 Foundations In Kitchen Operations	3
BIO 205 Microbiology	3
BIO 205L Microbiology Lab	1

Year 3 - Spring	
NTS 335 Culinary Arts For Health	3
NTS 450 Nutrition Education And Counseling	3
CHM 230 or CHM 235	3
Dietetics or General Track Elective	3
Liberal Studies and/or Diversity	3

Year 4 - Fall	
NTS 407 Medical Nutrition Therapy	3
NTS 459 Current Trends In Nutrition, Foods, And Dietetics	3
Dietetics or General Track Elective	3
General Elective Course	3

Year 4 - Spring	
NTS 456C Nutrition For Community Wellness	3
Dietetics or General Track Elective	3
Dietetics or General Track Elective	3
Dietetics or General Track Elective	3
General Elective Course	3