

College of Health and Human Services

Health Sciences - Public Health Bachelor of Science

2024-2025 Undergraduate Catalog

Progression Plan-Classic

Sample Progression Plans are for planning purposes only; see the catalog for official details.

Year 1 - Fall	
BIO 181 Unity Of Life I: Life Of The Cell	3
Foundation English (e.g., ENG 105)	4
Liberal Studies and/or Diversity	3
General Elective Course	3

Year 1 - Spring	
BIO 201 Human Anatomy/Physiology I	3
BIO 201L Human Anatomy/Physiology I Lab	1
Foundation Math	3
PSY 101 Introduction To Psychology	3
Liberal Studies and/or Diversity	3
Liberal Studies and/or Diversity	3

Year 2 - Fall	
BIO 202 Human Anatomy/Physiology II	3
BIO 202L Human Anatomy/Physiology II Lab	1
HS 200 Healthy Lifestyles	3
HS 205 Foundations Of Public Health	3
NTS 135 Human Nutrition	3
Liberal Studies and/or Diversity	3

Year 2 - Spring	
HS 250 Prevention Concepts For Risky Health Behaviors	3
HS 313 Environmental Health	3
STA 270 or PSY 230	3
Liberal Studies Lab Science Lecture	3
Liberal Studies Lab Science Lab	1
General Elective Course	3

Year 3 - Fall	
FW 343 Facilitating Active Living	3
HS 305 Theories Of Health Behaviors	3
HS 300 Human Diseases	3
HS 306 Methods For Community Health Promotion	3
General Elective Course	2
Discuss track options with your academic advisor.	

Year 3 - Spring	
HS 317 Maternal, Child, And Sexual Health	3
HS 390W Current Health Issues	3
HS 410 Organization and Administration of Health Services	3
Liberal Studies and/or Diversity	3
General Elective Course	3
Discuss track options with your academic advisor.	•

Year 4 - Fall	
HS 403C Planning, Implementing And Evaluating Health Promotion Programs	3
HS 404 Principles Of Epidemiology	3
HS 417 Future Directions in Public Health	3
Health Sciences major elective - working with specific populations and settings	3
General Elective Course	3

Year 4 - Spring	
Internship and/or Electives	3
Internship and/or Electives	3
Internship and/or Electives	3
General Elective Course	3
General Elective Course	3